THE VEG BOX CAFE

BREAKFAST
(8:00 AM - 12:00 PM)

THE FULL ENGLISH 11.9
sausages, organic scrambled tofu, baked beans, sauteed mushrooms & greens, tomato, hash browns, sauerkraut, sourdough toast

THE VB FARINATA (ALL DAY) 11.9
gluten-free vegetable farinata , organic scrambled tofu, baked beans, sauteed mushrooms & greens, tomato, aioli

OMELETTE 11.9
a cumin-turmeric pan-fried lentil tortilla, organic scrambled tofu, sautéed mushrooms & greens, caramelised onions

SUMMER BERRIES SMOOTHIE BOWL 10.5
homemade nut granola, banana, fresh berries, coconut flakes, chia & hemp seeds

TRIPLE STACK PANCAKES (ALL DAY) 10.5
- *banana biscoff, whipped vanilla yogurt, caramel drizzle*
- *berry burst, whipped vanilla yogurt, maple drizzle*

HOMEMADE GRANOLA & YOGURT 7.5
coconut flakes, chia seeds, berry compote

PORRIDGE 7.5
fresh turmeric & ginger, coconut

SOURDOUGH TOAST 5.5
baked beans / organic scrambled tofu

CROISSANT 3

PAIN AU CHOCOLATE 2

ADD - ON

SOURDOUGH TOAST	2
JAM & BUTTER	2
SCRAMBLED TOFU	3.5
HOMEMADE BEANS	3.5
SAVORY SAUSAGES	3
HASH BROWNS	3
GRATED CHEESE	1.5

MAINS
(12:00 PM - 4:00 PM)

BUDDHA BOWL SALAD 12.9
mixed seasonal salads, hummus, olives & three toppings

BURGER ROYALE 11.9
pan- fried vegetable fritter, pickle remoulade, salad leaves, tomato, brioche bun, rosemary potato wedges, aioli

BAKE OF THE DAY
(Lasagne, Aubergine Rolls, Mushroom Wellington) *ask staff for today's special*
- *mixed seasonal salads* 15.5
- *three toppings* 10.9

VEGGIE FRITTER & WEDGES
- *mixed seasonal salads* 15.5
- *three toppings* 10.9

GLUTEN FREE VEGETABLE FARINATA
- *mixed seasonal salads* 15.5
- *three toppings* 10.9

HOT POT OF THE DAY 11.9
(Curry, Dal, Mexican Chili)
ask staff for today's special
brown rice, fermented veg

SOUP OF THE DAY & SOURDOUGH 8.5

JACKET POTATO WITH BEANS & CHEESE 8.5

MEDITERRANEAN TAPAS PLATE 10.5
homemade hummus, olives, stuffed vine leaves, sundried tomatoes, pesto, fermented vegetables, warm pitta

SHARING PLATTER FOR TWO 28
vegetable fritter, refreshing seasonal salad, olives, hummus, stuffed vine leaves, sundried tomatoes, tangy fermented vegetables, pesto, warm pitta

SIDES

POTATO WEDGES & CREAMY AIOLI	4
VEGGIE FRITTER	4
SEASONAL & VIBRANT SALAD	6
VELVETY HUMMUS & WARM PITTA	5
MIXED OLIVES	4
FERMENTED BITES *kimchi / sauerkraut / mixed vegetables*	2

DESSERTS

TRIPLE STACK PANCAKES *(all day)*	10.5
RED VELVET CUPCAKE	4.5
PEANUT BUTTER BROWNIE	5
MILLIONAIRE SHORTBREAD	5
STICKY GINGER CAKE	5
RAW CARROT CAKE	5.5
RAW COFFEE & WALNUT	5.5
AFFOGATO *Double espresso with a scoop of vanilla ice-cream on top*	5
SCOOP OF VANILLA ICE CREAM	2.5

KID'S MENU (UNDER 12)

FLUFFY PANCAKES *(all day)* *fresh fruit, berry compote, yogurt, maple syrup*	6.5
VEGGIE FRITTER & POTATO WEDGES	6.5
PASTA WITH TOMATO SAUCE & CHEESE	7
BAKED POTATO WITH BEANS & CHEESE	6.5
PIZZA MARGHERITA	6
POTATO WEDGES	3

DRINKS

HOT

DOUBLE ESPRESSO	3
AMERICANO	3.2
CORTADO/CAPPUCCINO/FLAT WHITE/LATTE	3.5
MOCHA	4.2
HOT CHOCOLATE	3.5
SPECIALTY LATTES *matcha / chai / red velvet / fresh turmeric & ginger*	4.5
TEAS *english breakfast /earl grey /green /rooibos /decaf /mint / ginger & lemon /chamomile /elderberry & echinacea*	3.2
BABY-CHINO	0.8
SYRUP *caramel / vanilla*	0.5

COLD

ICED LATTE	3.7
SPECIALTY LATTES *matcha / chai / red velvet / fresh turmeric & ginger*	4.5
HOME MADE KOMBUCHA *green tea or summer berries*	5
JUICE *apple, apple & elderflower, apple & summer berries, carrot & apple*	3.5
ORGANIC FIZZY CANS *cola, lemonade, elderflower, ginger*	3.5
COLA ZERO	3.5
WATER *still / sparkling*	2.5

FRESHLY MADE JUICES 5
- ***Green Refresh*** *- apple, celery, spinach, lime, ice*
- ***Carrot & Apple*** *- carrot, apple, ice*

FRESHLY MADE SMOOTHIES 6.9
- ***Gold*** *- coconut milk, turmeric and ginger, banana*
- ***Green*** *- almond milk, dates, tahini, banana, spinach*
- ***Red*** *- oat milk, mix berries, banana, beetroot powder*

WINE LIST

	125ml	175ml	Bottle
***RED**			
Wild Ocean Cabernet/Merlot 2022 13.5% South Africa	£6.9	£8.8	£29
***WHITE**			
Crescendo Pinot Grigio 2022 12% Italy	£6.5	£8.5	£27
***PROSECCO**			
Zarlino DOCG 11.00% Italy			£29
Jack Rabbi DOC 11% 20cl Italy			£8.9

BEER & CIDER

LEFFE BLONDE *6.6%, 330ml, Belgium*	5.4
WHITSTABLE BAY BLONDE LAGER *4.5%, 330ml, England*	5.4
WHITSTABLE BAY ALE *4.5%, 500ml, England*	6.5
SAN MIGUEL *0%, 330ml*	4.9
THATCHERS GOLD	6.5