THE VEG BOX CAFE

BREAKFAST & BRUNCH

packed with nutrients, protein, specially selected ingredients

8:30 AM - 2:00 PM

THE FULL ENGLISH 13.5
scrambled organic tofu. two savory sausages. roasted mushrooms & tomato. sautéed greens. baked beans. hash browns. sourdough toast. plant butter

QUESADILLA BRUNCH 13.5
wheat tortilla. spiced beans. roasted peppers. avocado. salsa verde

FRITTATA BREAKFAST 9.5
sweet potatoes. broccoli. peppers. caramelized onions. pea shoots. cherry tomatoes. creamy aioli

AVOCADO & PEA SMASH 9.5
sourdough toast. mixed seeds. chilli flakes. pea shoots. cherry tomatoes. balsamic drizzle

BANANA BISCOFF PANCAKES 12
fresh fruit. caramel drizzle. vanilla ice cream

BERRY SMOOTHIE BOWL 12
fresh fruit. homemade coconut granola with nuts. chia & hemp seeds

ADD ON

SOURDOUGH TOAST & PLANT BUTTER	2.5
SCRAMBLED ORGANIC TOFU	3.5
PEANUT BUTTER OR JAM	2.5
HASH BROWNS (2)	3
SAUSAGES (2)	3
AVOCADO & PEA SMASH	3.5

PASTRIES

CROISSANT *(add jam & plant butter for 1.5)*	2.5
PAIN AU CHOCOLAT	3.5

SMALL

12:00 PM - 5:00 PM

NUM NUM ---------- 3.5
signature delicious bite. chef-crafted

MASALA CRISPY BITES ---------- 7.5
kachumber salad. garlic aioli

SHARING NACHOS ---------- 10
pea & avocado guacamole. Pico de Galo. jalapeños. siracha mayo

VEGETABLE SPRING ROLLS & SAMOSAS ---------- 7.5
sweet chilli dip

BAO ---------- 5.5
hoisin sticky tofu. soft bun. pickled cucumber. radish

NOCELLARA OLIVES ---------- 5

HOMEMADE HUMMUS ---------- 6
warm pitta

SOUP OF THE DAY ---------- 7.5

MAINS

FROM 12:00 PM

YASAI KATSU CURRY 15.5
crispy marinated tofu. steamed rice. aromatic katsu curry sauce. Asian-style slaw

LASAGNE AL POMODORO 15
rich tomato & tofu mince ragù. creamy béchamel. Greek salad

SUSHI SALAD BOWL 15
Asian-style tofu. fresh crunchy vegetables. avocado. edamame. seaweed. sriracha mayo drizzle. soy-ginger dressing

STIR FRY NOODLES 15
zesty tamarind tofu. rice or wheat noodles. mixed vegetables. peanuts

SPAGHETTI CARBONARA 15
tempeh pancetta. creamy mushroom sauce. parsley. Brazil nut parmesan

BURGER ROYALE 14
aromatic veggie patty. brioche bun. pickle remoulade. tomato & salad leaves. skin-on fries & BBQ dip

SWEET POTATO, BROCCOLI & PEPPER FRITTATA 14
a fresh seasonal salad. tangy ferments. aioli

MEDITERRANEAN SALAD BOWL 14
a fresh combination of seasonal salads & pulses. fluffy quinoa. falafel. homemade hummus. sun-dried tomatoes. olives. seeds. lime-mustard dressing

SIDES

STEAMED BROCCOLI	5
SALTED EDAMAME BEANS	5
SKIN-ON SEASONED FRIES	3.5
SWEET POTATOES FRIES	5
KIMCHI	3
FALAFEL (3)	5.5

DESSERTS

VANILLA OR CHOCOLATE CUPCAKE	5
TIRAMISU	6
PEANUT BUTTER BROWNIE *add scoop of vanilla ice cream for 2*	5
RAW CARROT CAKE (SUGAR FREE)	5
MILLIONAIRE SHORTBREAD	5

DRINKS

DOUBLE ESPRESSO	3
AMERICANO	3.2
LATTE/CORTADO/CAPPUCCINO/FLAT WHITE	3.5
MOCHA	4.2
HOT CHOCOLATE	3.5
SPECIALTY LATTES/ICED *Matcha/Chai/Red Velvet/Fresh Turmeric & Ginger*	4.5
TEAS *English Breakfast/Earl Grey/Green/Rooibos/Decaf/Mint/ Ginger & Lemon/Chamomile/Elderberry & Echinacea*	3.2
TEA POT FOR TWO *loose jasmine green/fresh mint*	6

MOCKTAILS 8.5

STRAWBERRY PARADISE
strawberry. lime. fresh mint

ORANGE & BASIL
orange. basil, tonic

GREEN PUNCH
apple. celery. spinach. lime

TROPICAL BLISS
pineapple. coconut cream. lime

SOFT DRINKS

JUICE *summer berries & apple/elderflower & apple*	3.5
FIZZY *organic elderflower/organic ginger/organic orange & lemon/cola/cola Zero*	3.5
LEMONADE *rose /Victorian*	3.5
COCONUT WATER	3.5
WATER 330 ml *still/sparkling*	2.5
WATER 750 ml *still/sparkling*	3.9

FRESHLY MADE

JUICES 5

- ***Green Refresh*** *- apple, celery, spinach, lime, ice*
- ***Carrot & Apple*** *- carrot, apple, ice*
- ***Orange*** *– orange, ice*

HOMEMADE KOMBUCHA 5

berry/ mint/ ginger & lemon/ peach

SMOOTHIES 7

- ***Gold*** *- turmeric & ginger, coconut, banana*
- ***Green*** *- spinach, dates, tahini, banana, almond*
- ***Red*** *- berries, beetroot, banana, oat*
- ***Berry Splash*** *– strawberries, banana, orange*

WINE LIST

	125ml	175ml	Bottle
***RED** *Conde De Castile Crianza, Rioja 2019* *13.5% Spain*	7.4	9.5	33
***WHITE** *Crescendo Pinot Grigio 2022* *12% Italy*	6.5	8.5	27
***PROSECCO** *Jack Rabbi DOC* *11% 20cl Italy*			9.4

*IF YOU HAVE ANY FOOD ALLERGY, INTOLERANCE OR SENSITIVITY, PLEASE INFORM YOUR SERVER BEFORE PLACING YOUR ORDER.

DRAFT BEER

	Pint	Half
GUINNESS	6.5	4.2
PERONI	6.9	4.5

BEER & CIDER

LEFFE BLONDE 5.9
6.6%, 330ml

CORONA EXTRA 5.9
4.5% ,330ml

SAN MIGUEL ZERO LAGER 4.9
0%, 330ml

PERONI GLUTEN FREE 5.9
5% 330ml

THATCHERS 6.9
Gold 4.8% /Blood Orange 4%, 500ml

THATCHERS 5.9
0%, 500ml